

EXHALE WOMEN'S FELLOWSHIP, INC.

Change A Life Fall Fundraiser

Lindsay was on the other end of the phone. She had been driving around in her car for many hours. You could hear it in her voice. She was tired and scared. She needed help. She had been assaulted by her boyfriend. He had threatened her with more violence and said he would take her children away. When she had called various charities and agencies, they could not help her due to lack of funding and other problems. Then she called Exhale Women's Fellowship who paid for a motel stay and mentored her until she and her children were safe and her abuser was in jail.

Not a hand out, but a hand up!

Un-Homelessness Program

We provide temporary housing to women who are being displaced, often times due to domestic violence and other situations which cause them to be in despair. Often, the government programs, local churches and other agencies are unable to assist.

Motel Ministry

We visit local motels providing non-perishable items to the residents placed in temporary housing due to distress. We offer food, clothing and other items.

Women of Distinction Financial Empowerment Program Career Readiness Career Building Entrepreneurship Training All-In-One Seminar

We provide Career Readiness and Business Development training sessions for women looking to make a career change, find employment or advance in their current positions. We also help women who are looking to increase their income by starting a business with planning and guidance. This service is provided by key professionals in their industry and is free to all participants. We also provide child care for participants.

Adopt a Mom/ Heart of Mercy Program

We provide emergency assistance for women in crisis. This program handles critical situations and also seeks to fill voids that are not addressed by government assistance.

Mentoring

We encourage individuals to develop new skills, knowledge and attitudes in order to set and reach important life goals. We provide resources and information, empowering them to find solutions to their problems.

Consider partnering with us in our effort to serve the community. We are 501(C)(3) approved, so your donations are tax deductible and can change a life. You can also become a monthly donor or volunteer.

*Visit Exhaletoday.org and click the **DONATE** button via Paypal or click the **DONATE** button on [facebook/exhalewomensfellowshipinc](https://facebook.com/exhalewomensfellowshipinc).*

*Or mail your check to Payable to: Exhale Women's Fellowship
30 Scott Street, Riverside
New Jersey 08075
For any questions call: 609-332-2133*

Our Mission:

To invite women regardless of age, race, creed, religion or economic status to leverage resources to build a support system for women facing crisis and distress by empowering them to become self-sufficient and to realize their potential.



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